

Next Meeting: August 3 at Fort Borst Park



Volume 15, No. 3

Summer, 2013

Scenes from the March meeting



No one goes hungry at a PNCS potluck

Bob Bruce entertains on the piano



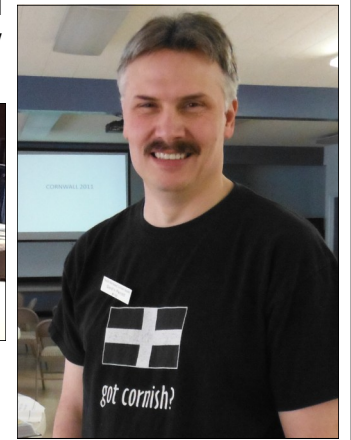
Margaret Porter and Dot Huntley



Terry Maves and Colleen Pedlar



President Alene Reaugh and the PNCS banner



Gord'n Perrott's got Cornish, and he shared it in pictures

Inside this issue

President calls for help at summer festivals. [Page 2](#)

Gord'n and Pamela Perrott show us Cornwall. [Page 3](#)

March minutes, August announcement. [Page 4](#)

Cornish Country Store stocks up. [Page 5](#)

Hog's Pudding, a Cornish delicacy. [Page 6](#)

Cornish connections and PNCS info. [Pages 7-8](#)

President's letter

Help wanted: staff a Highland Games booth!

Dear Cornish Cousins,

We had a good meeting in March in Puyallup with Gord'n Perrott and his mother Pamela presenting a slide show of his trip to Cornwall. We are now in full gear for the summer's Highland Games, where we set up our booth and represent our Celtic Cornish Heritage. We did this last year with a great deal of success.

These are some of the games remaining on this summer's calendar:

On July 20th we have the **Portland Highland Games** at Mt Hood Community College in Gresham, OR. I will be setting that one up and could use someone to help me in the booth for the day, please let me know if you can help.

We are looking for volunteers to do the next one, Seattle's **Northwest Highland Games**, July 26, 27 and 28 at Enumclaw Expo Center in Enumclaw, WA. Please contact Dot Huntley or me if you can take that one on. We are not reserved for that one until we know if someone will be able to do it.

Douglas County Celtic Highland Games will be in Winston, OR, Aug. 16, 17 and 18. Dot Huntley will be doing this one with her husband Dan.

Aug. 31 and Sept. 1 it's the **Hood Canal Highland Celtic Festival** at Belfair State Park in Belfair, WA. Joan Huston and Claudia Hunt will be doing that booth. Again, please come and show your support.

Thank you for any help your can offer, this is a way for PNCS get the word out that we are here in the Northwest and that we too are Celtic.



PNCS Annual Picnic, normally scheduled in July, will be August 3 from 11 a.m. to 2 p.m. at Fort Borst Park in Centralia, WA. This is a potluck, so please bring a dish to share. Dot Hosking Huntley will put on a slideshow of her recent trip to Corn-

wall. I have also asked her to give us an update on what is going on in Cornwall today, what life is like there.

Among those who've said they'll attend are new members Mary Black, Sandra Penhallegon Duncan, Ross and Kate Penhallegon and Craig Walton-MacDougall

I am looking forward to seeing you all at one or all of the Highland Games and/or the Annual Picnic.

Alene Reaugh
President

Did you know ...

Cornwall was first inhabited in the Paleolithic and Mesolithic periods. It continued to be occupied by Neolithic and then Bronze Age peoples, and later (in the Iron Age) by Celts.

Forming the tip of the south-western peninsula of Great Britain, it is bordered to the north and west by the Atlantic Ocean, to the south by the English Channel, and to the east by the county of Devon, over the River Tamar.

Motto: "One and all"

Cornish Population (Est.): 534,300



Girl Scouts carry the Flag of St. Andrew past the PNCS booth at the Tacoma Highland Games.

A walk along the Cornish coastline



England's southernmost café



The Lizard Point



Gorse by the roadside



Lamorna from above



Old cast iron road signs



Crown Mine at Botallack



The Merry Maidens stone circle



Gord'n squats under the Lanyon Quoit

Member Gord'n Perrott and Cheryl Gohndrone walked along the coast in the far southwest of Cornwall. Here are some of the photos he shared at the March meeting.



Mousehole Harbor



Bollack stamping works with a field of gorse

Pacific Northwest Cornish Society

Annual Meeting

Saturday, August 3

11 a.m. to 2 p.m.

Fort Borst Park, Centralia, WA.

Social time 10-11:30; lunch 11:30 (bring something to share); business meeting at noon, followed by a talk by Dot Huntley about her recent trip to Cornwall

Minutes of the March PNCS meeting in Puyallup

The March 2, 2013, meeting of the Pacific Northwest Cornish Society was called to order by President Alene Reaugh at 12:20 p.m. following a social and lunch. Sixteen members and guests were present. One guest is considering joining. All members present introduced themselves and briefly described their Cornish connections.

President Alene Reaugh explained St. Piran's Day and read an article about a play that celebrates the day.

Alene asked for a vote to accept the minutes from the last meeting without reading them. Moved/passed.

Alene gave an update on Shirley Ewart. A get-well card was sent around for all to sign. Shirley's new address is Shirley Ewart, 13932 SE Hines, Clackamas, OR 97015. Shirley loves getting mail and cards.

Treasurer Dot Huntley read the Treasurer's Report, We are attempting to get enough money to hire a speaker at a Celtic Encounter. She explained the structure of the dues. A motion was passed to accept the Treasurer's Report.

Alene talked about the Cornish Store on the website. Dot is going to Cornwall in May and is taking orders for items that anyone would like. Dot explained how many items are available through Café Press.

Alene went over old business from the last meeting and discussed the library and how to reduce inventory. We have several boxes of Cornish magazines. Alene asked for suggestions on what to do with them. Someone suggested libraries, but Alene said someone from Clark County Genealogical Library said space is an issue. Van Anderson moved to authorize discarding the magazines, and new magazines to be scanned for the website.

Carola Dunn, the speaker at the last meeting, has a new book out.

Alene talked about the Newport Celtic Festival of 2012. She and Dot set up a covered booth, and a lot of people expressed interest in PNCS. The next Newport Celtic Festival is June 7-9 in Newport, OR.

Volunteers are needed to represent PNCS at festivals. Everything needed to set up the booth will be sent. Need to recruit new members. Margaret Porter and Van Anderson volunteered for the Graham festival.

The annual meeting will be August 3 at Fort Borst Park in Centralia.

Alene shared a new idea to have a Celtic Encounter that involves several groups besides Cornish. Have speakers that represent each group, tables, displays, food, etc. It would take at least a year of planning to put together, possibly to be held in Portland. Will talk more about possible Celtic Encounter at August meeting. Van Anderson volunteered to contact Irish groups.

There was no new business to report.

Membership was discussed. Members have been dropped because dues were not being paid. There are members that do pay dues but live in other states and can't attend meetings.

The meeting was adjourned at 1:40 p.m. for a presentation from Gord'n Perrot on a trip he and his mother, Pamela, took to Cornwall.

Respectfully submitted,
Margaret Porter
Acting Secretary

Shop till you drop at the Cornish Country Store



THE PASTY BOOK is back, written by Hettie Merrick from Helston, Cornwall. We once again have a limited supply of these books.

Hettie's book is delightful, and she gives not only recipes and directions on making a "proper pasty" but also the history and folklore associated with the pasty. Her book tells us about the miners with their pasty lunch and what it means to take a pasty out to sea. This book is a must-read for all descendants of Cornwall. \$7.50 plus \$2.50 postage.

But that's not all! Dot Huntley has restocked the store with a trunkful of goodies she brought back from Cornwall. Take a look ... It's all available at meetings or through the PNCS website.



It's no pasty, but it's said to be Cornish

The things you learn by reading other Cornish associations' newsletters.... This is from Nick Bartle, president and secretary of the New Zealand Cornish Association.

Hog's pudding is a distinctive Cornish dish that does not get talked about as much as it deserves. I grew up with hog's pudding as a regular part of my diet. It was bought whenever the opportunity arose from Bartle's Butchers (no relative) on Fore Street in Redruth.

Hog's pudding is a type of large sausage related to haggis, salami, black pudding and white pudding. Its pale color comes from the main ingredients; pork (meat and fat),

suet, bread and either oatmeal or pearl barley. The sausage is spicy. My research has shown that there are variations around which spices are used. A common factor is pepper (black or white); some use cumin, basil and garlic, while others include mace, nutmeg and thyme. There appears to be a strong Mediterranean influence that may stem from Cornwall's past links with Phoenicians.

I've never tried to recreate hog's pudding in my own kitchen. I wouldn't know where to buy the large sausage casings (which are made from either beef or pig gut – have I put you off?). The mixture is made up of approximately 5 parts lean

pork, 2 parts fat and four parts of the bread, oats or barley. These basics are minced finely and seasoned before being stuffed into the casings and boiled for 30 minutes or more. It is eaten in thick slices at room temperature or fried in a pan or on the barbecue.

No regional dish is complete without a world championship these days and hog's pudding achieved its world recognition at a fund-raising event at the City Inn, Truro in 2010; 100 locals gathered to carry out the taste test on 12 entrants. At the end of the day, the coveted world champion status was awarded to Retallick Family Butchers, from Lizard village.

Hog's Pudding

This recipe is from a BBC website. It makes three hog's puddings, but you need this for the mix to blend well. It doesn't call for pig gut.

2	pork sausages	1 tbsp	olive oil	1 tsp	cumin
9 oz	pork fillet	1	shallot, chopped	1 tsp	curry powder
3	rashers streaky bacon	2	garlic cloves, chopped	1 tsp	salt
1 1/2 oz	chicken breast	1	leek, chopped	1 tsp	freshly ground black pepper
1	free-range egg	5 fl oz	beef stock	3 1/2 fl oz	double cream
2 1/2 oz	bread	2 fl oz	dry cider	1 tbsp	oil
3 1/2 fl oz	whole milk	1 tbsp	chopped thyme	1 tbsp	butter

Preheat the oven to 210° F. Fill a deep sided oven tray with water and place into the oven; bring up to heat. Roughly chop the sausages, pork, bacon and chicken and put with the egg, bread, and milk into a food processor and blend to a paste.

Heat a pan to a medium heat with a little oil, and add the shallot, garlic and leek, cook for two minutes then add the beef stock and cider. Cook on a simmer and reduce until a syrup texture. Remove from the heat and cool.

When cool, place the syrup mixture into the food processor with the meat mixture and add the thyme, cumin, curry powder. Blend together and season with the salt and pepper. Lightly fold the cream through the mixture.

Place a third of the mixture into the centre of a large piece of cling film and spread out to a sausage shape about 10 inches long, roll it in the cling film, wrapping it very tightly and then tying it off at both ends, repeat with the other two thirds.

Place the sausages into the tray of water in the oven and cook for 30 minutes. Remove from the oven and set aside until needed.

Pacific Northwest Cornish Society

Officers

President: Alene Reaugh, softwalk2@yahoo.com
Vice President: Dick Colenso, rwcolenso@canby.com
Secretary: Ann Holiday, aholiday@seanet.com
Treasurer: Dot Hosking Huntley, Dot@HoaReserves.com
Newsletter editor: Ann Holiday, aholiday@seanet.com

Web site:

www.nwcornishsociety.com

PNCS Meetings

First Saturday in March, in the North
To celebrate St. Piran's Day
Fourth Saturday in July, Central area
Annual Cornish Picnic
Third Saturday in October, in the South

Cornish Country Store

Our Cornish Country Store is open 24 hours on line and three times a year live at our meetings. We have a good variety of items your Cornish cousins will love. Please check the website to see pictures of all these items:

www.nwcornishsociety.com/Country%20store.htm

You can place an order by emailing Alene Reaugh at Softwalk2@yahoo.com Sweatshirts and T-shirts can be ordered directly from Café Press at <http://cafepress.com/pnwcs>. In addition, PNCS gets a commission on sales made through the website connection to Amazon.com.

PNCS Library

The PNCS Library is housed with Past President Alene Reaugh. The library welcomes donated books about the Cornish. You can bring donations to one of the meetings or contact Alene at (503) 775-9653 or email her at softwalk2@yahoo.com.

History of Cornwall on CD-ROM

The Parochial History of the County of Cornwall, a four-volume set of books with lots of information on old Cornish families, was donated to us by our Cornish member, Ron Lake, and we had them put on CD-ROM. They are available to borrow or purchase. Contact Joan Huston if interested in obtaining a copy. Tregarthen@gmail.com or phone (360) 613-1718.

Visit Pacific Northwest Cornish Society on Facebook for information on Cornish happenings!

Pacific Northwest Cornish Society Application for Membership

Name: _____

Address: _____

City: _____ State/Province: _____ ZIP/Postal Code _____

Phone: (____) _____ E-mail address: _____

Webpage: _____

\$15 Individual Member \$25 Dual Membership Amount Enclosed: _____

List Cornish names and areas or parishes of interest:

Send form filled out with check payable to:

Pacific Northwest Cornish Society
486 Plat B Road
Sutherlin, OR 97479-9799

Cornish Connections

This is a highly arbitrary list. Feel free to suggest other Cornish Connections by e-mailing the Editor

Cornish Global Migration Programme

Collects information about Cornishmen and women who emigrated to England or elsewhere.

www.cornishmigration.org.uk

Cornish Heritage Organizations

Federation of Old Cornwall Societies

<http://oldcornwall.org>

The Cornish-American Heritage Foundation

www.cousinjack.org

New Zealand Cornish Association

www.busby.net/nzca/

The California Cornish Cousins

www.califcornishcousins.org

Cornish Association of Victoria (Australia)

www.cornishvic.org.au

Festivals and Events

Newport Celtic Festival and Highland Games

169 SW Coast Highway
Newport, Oregon 97365

www.newportcelticfestival.com

Cornish Websites

Cornwall Connections

A collection of links to all things Cornish.

www.cornwallconnections.peeples.com

Cornish Global Migration Programme

Collects information about Cornishmen and women who emigrated to England or elsewhere.

www.cornishmigration.org.uk

myCornwall.tv

myCornwall magazine (formerly Cornish World)

Video and print resources seek to make a difference to Cornwall by creating entertaining, educational and thought-provoking content.

<http://www.mycornwall.tv>

West Penwith Resources

Links to resources concerning the far west end of Cornwall.

<http://west-penwith.org.uk/index.htm>

General Genealogy

Washington State Archives

Has 94 million records preserved, 29 million of which are searchable online.

www.digitalarchives.wa.gov

Oregon State Archives

Search for Oregon records on line.

<http://genealogy.state.or.us>

Cyndi's List

More than 290,000 links to genealogy sites. The founder spoke at the March 2011 PNCS meeting.

www.cyndislist.com

FamilySearch

Information from Salt Lake City and elsewhere, plus videos on how to get started on your genealogy.

www.familysearch.org

Statue of Liberty/Ellis Island Foundation

Look up your ancestors who came through New York between 1892 and 1924, free.

www.ellisland.org

Bureau of Land Management

Search for land patent records by name and state.

www.glorerecords.blm.gov

Tacoma-Pierce County Genealogical Society

Meets the second Tuesday of each month, September through May at Bates Technical College, 1101 South Yakima Avenue, Tacoma, WA 98405

www.rootsweb.ancestry.com/~watpcgs/

BYU Idaho Special Collections

Western states marriage records, oral histories and more from Brigham Young University Idaho.

<http://abish.byui.edu/specialCollections/>